



## **ATTENTION Running with the Bears 2019 Participants,**

Running with the Bears is quickly approaching and we can't wait to see all of you at our race! We've enclosed some important information to make your stay more enjoyable and stress-free.

We encourage everyone to check-in on Friday at our Packet Pickup Party and Pasta Feed from 5-8 pm at 96 S. Main St. Greenville, CA 95947. However, Saturday check-in is also available at the start/finish line **as long as you arrive 45 minutes early.**

Providing you with the best possible race means keeping cars off the road. The roads are not closed for this event and although there will be some traffic from locals, most traffic will come from participants and spectators (only 130 residents live along the course route).

**PLEASE NOTE:** There will be NO parking at the Start/Finish Line. Parking will be located at **4838 Nelson St. Taylorsville, CA 95983 (at the corner of Nelson St. and North Valley Rd.)**. Free Buses (schedule attached within this packet) will depart every 15 minutes from the Parking Area and every 30 minutes from Taylorsville Campground (tennis courts) starting at 5 am. If you miss the last bus and also miss your start time, there will be ONE single late start at 8:15 a.m. All early starts and late starts *will receive a finisher medal but will be not eligible for any awards medals.*

**IF YOU ARE BEING DROPPED OFF:** When driving in front of the start/finish line please drive no faster than 5mph at all times throughout the day. Overall, we ask that no cars leave the start line between 7:45am-10am therefore if you are being dropped off. **PLEASE ARRIVE EARLY!**

**Marathon Runners/Spectators:** Your race starts at 6:30 am, please arrive by 6 am. Good spectator locations: The corner of North Valley Rd and Arlington Rd (i.e. the Taylorsville campground). Shady, next to a river, and they'll get to see you twice!

**Half Marathon Runners/Spectators.** Your race starts at 7:15 am, please arrive before 6:30 am if possible. The marathon starts at 6:30 am and the marathon runners will be on the road. Good Spectator Location: The corner of North Valley Rd and Diamond Mountain Rd. Port-a-Potty, Aid Station, and a great view. This is about mile 7 of the course, and you may want to bring your own shade.

**10K Runners/Spectators:** Your race starts at 8 am, please arrive no later than 7:30 am. The Marathon runners will be on the course between Arlington and North Valley Road from about 6:45 am and Half Marathon runners about 7:30 am, therefore you will be passing runners. **PLEASE DRIVE SLOW AND CAUTIOUSLY!** Good Spectator Location: The start/finish line is really the best.

**BIKE RULES:** For those of you who would like a support person to join you on their bicycle, please know that bikes will not be allowed on the course until after 8:30 am and there are **no bikes allowed on the 10K course**, period. Bikes are only allowed to ride out for support for the full marathon and ½ marathon runners and are only allowed on North Valley Road, North Arm Road, and Genesee Road.

**Thank you for your support and understanding, we'll see you on race day!!**

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